

MOBILE HEALTH CARE PROJECT

Sponsored by

Kruger Foundation for Child Aid, Karwar

&

Shri Devadatt Kamat, Advocate, Supreme Court, New Delhi

PROJECT EXECUTED BY



In association with

**GOKHALE CENTENARY COLLEGE
and
P.M.HIGH SCHOOL, ANKOLA**



REPORT OF THE

FIRST FREE HEALTH CAMP

held on Sunday, the 16th of June 2013

at MLA's Govt. Model Higher Primary School, Basgod, Ankola

Kanara Welfare Trust with the support of Kruger Foundation for Child Aid, Karwar, has been striving for the social empowerment and development of young minds of our Uttar Kannada District.

As suggested by Shri S.P.Kamat, Chairman, Kanara Welfare Trust, we have now embarked upon a new venture - MOBILE HEALTH CARE PROJECT with the support of Kruger Foundation, Karwar, and Shri Devadatt Kamat, Advocate, Supreme Court, New Delhi. This project involving conduct of free health camps at various rural places in the district was envisaged to enable the economically backward populace to avail of quality medical care by expert doctors. The following committee was constituted to work out the modalities for conducting the medical camps.

1.	Shri K.V.Shetti	<i>Administrative Officer, KWT</i>	Convener
2.	Prof. M.S.Habbu	<i>Retd. Principal</i>	Member
3.	Prof. V.R.Vernekar	<i>Retd. Principal</i>	Member
4.	Shri Vishnu Naik	<i>Retd. Principal</i>	Member
5.	Prin. V.R.Kamat	<i>Principal, G.C.College, Ankola</i>	Member
6.	Shri R.V.Keni	<i>Principal, P.M.High School, Ankola</i>	Member
7.	Shri Prashant Rao	<i>Spl. Coordinator, KWT</i>	Member

This committee met several times in April / May 2013 and held discussions. The following points were noted to start the pilot camp.

Venue pinpointed	Basgod, Ankola Premises of MLA's Govt. Model Higher Primary School, Basgod, Ankola
Villages covered	Basgod, Belambar, Wadibogri, Honnebail, Poojageri, Manjaguni, Belihongi, Gangavali, Soorve, Shetageri, Singanmakki, Hadav, Kogre
Probable patients	250 – 300 persons
Date & Time	1 st June 2013 / 10.00 a.m. to 4.00 p.m.
Doctors	Cardiologist, Gynecologist, Pediatrician, General Practitioner & Dentist
Other personnel	10 nurses, 1 lab. Technician, volunteers

The committee members visited the venue of the proposed camp which was a Govt. Primary School on the Basgod main road. The Headmaster, Shri V.B.Nayak, readily agreed to lend the premises and other facilities for the conduct of the medical camp.

The organizers then invited the following 5 eminent doctors in their respective fields to participate in the medical camp.

1. **Dr. Hemant Kamat**, Shirali (Heart Specialist)
2. **Dr. Satish Prabhu**, Kumta (Pediatrician)
3. **Dr. G.G.Hegde**, Kumta (Gynecologist)
4. **Dr. Ravi M.G.**, Dharwad (Dentist)
5. **Dr. M.L.Fernandes**, Ankola (Gen. Physician)

All the doctors who were approached agreed to participate in this noble cause. After the doctors were finalized, pamphlets and other publicity materials were prepared. Permission for audio announcement of the camp vide auto rickshaw was obtained from the Circle Police Inspector of Ankola. The auto rickshaw equipped with amplified speakers circulated the message to the populace of Basgod and nearby villages. Pamphlets were distributed in the villages and they were also given to students of all the adjacent schools. The organizers ensured that the publicity material reached each and every household in the area.



The sponsors also ensured the provision of free medicines to the patients as prescribed by the doctors. M/s Prabhu Medical Stores consented to supply the medicines at reduced cost.

On the day of the camp, i.e. on 1st June 2013, the registration of the patients commenced from 9.00 a.m. The initial registrations were done by the volunteer nurses and later by the members of the Change Makers Group (another project of Kanara Welfare Trust). Individual rooms were allotted to all the five doctors. Weighing machines, BP apparatus, stethoscopes, flashlights, etc. were made available to them. A separate room was provided for the conduct of blood sugar and ECG tests by Lab. Technician, Mr.Isaac.



The doctors who had arrived by then started examining the patients one by one. A blank prescription slip along with a health card containing the details of each patient was given to the doctors. After the medical examination, the doctors prescribed the required medicines.



The patients were told to obtain the prescribed medicines from the stipulated medical store free of cost. ECG and blood sugar tests were conducted wherever required.

The total number of patients examined and treated at the medical camp is as follows.

Doctor	Patients Treated		
	Male	Female	Total
Heart Specialist	09	18	27
Pediatrician	35	37	72
Gynecologist	-	56	56
Dentist	30	26	56
Gen. Physician	41	20	61
TOTAL	115	157	272

A total of 272 patients were treated at the camp. 7 ECG tests were done on the recommendation of the doctors. 31 blood sugar tests were also conducted.

A hearing impaired child of 3½ years, Mr. Ranjan Gouda, was identified by the doctors for further treatment which may cost around Rs. 1 lakh. Chairman Shri S.P.Kamat has assured of providing maximum support. The Trust Office is following the case with ENT surgeon, Dr. Prakash Bhat of KLE Hospital.

Medicines prescribed by the doctors were supplied to the patients free of cost by the organizers through M/s Prabhu Medical Stores, Ankola. The total cost of medicines amounted to Rs.61147/-

The doctors and the organizers assembled together after lunch for discussion and exchange of views. The following observations were noted.



Dr. Hemant Kamat

- Malnutrition, under-nutrition, juvenile diabetes, hypertension, addiction cases among the younger generation are issues of serious concern.
- The Govt. concentrates only on some aspects of medical issues. Other areas also need to be addressed.
- Parents should also be present for school programs on health and nutrition.
- Some diseases have to be lived with all through the life. In such cases, routine activities and diet play a more important role than medicines.

Dr. G.G.Hegde

- Educational programs along with medical care with regard to anemia, female hygiene, blood loss, pap tests, breast cancer, etc. are desperately needed.
- There is wide-spread of water borne diseases, especially during monsoon. An awareness campaign along with the free medical camp would help the people.
- Establishing a trauma centre on the National Highway passing through Uttar Kannada district would help reduce fatalities of accident cases as the nearest Trauma Care Centres are located at quite a distance.
- Mobile Health Clinic Vans with a doctor and nurse on board would help facilitate the reach of medical care to remote villages in the district.

Dr. M.L.Fernandes

- Drill exercises in schools are very much required. The Govt. policy should be towards encouraging a healthy life style along with classroom study.
- Lack of adequate exercises during childhood will lead to the new generation being weaker health-wise.
- Sports activity encourages only some students who are inclined towards it. All students should participate in such activities.

Shri S.P.Kamat and Shri Devadatt Kamat

- Inclusion of educational programs and other aspects will be considered in future camps.
- Some suggestions given by the doctors will need to be implemented at the Govt. level. Suitable representation will be made to the concerned.
- A Mobile Health Care Centre is already being run under the auspices of the Kruger Foundation with the help of an NGO, Sanjeevani Trust at Joida Taluk. Similar models can be adapted for the coastal regions provided a group of dedicated people come forward to take the responsibility of managing it.

The medical camp ended at 4.00 p.m. Later, certificates of appreciation were issued to the volunteer trainee nurses of Vishwadarshan School of Nursing by Shri S.P.Kamat.



The doctors and sponsors lauded the efforts of the organizing team in the smooth and efficient conduct of the camp. They opined that there was perfect management of time & resources and appreciated the hard work which paved the way for the success of the camp.

Seeing such overwhelming response for the pilot project at Basgod, the sponsors and organizers hope to hold more such camps in various rural locations of the district.
